

Stanford GEC 160-Hour Faculty Development Program in Ethnogeriatrics

Stanford Geriatric Education Center

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DESCRIPTION

Stanford Geriatric Education Center (SGEC) implemented an annual 160-hour Faculty Development Program in Ethnogeriatrics (FDPE) from 2011-2012 through 2014-2015. The interprofessional program included:

- 4 days of intensive **onsite training** on campus at Stanford University School of Medicine
- **Online self-paced learning** based on 15 learning modules and 22 recorded webinars;
- 11 monthly two-hour **group meetings** by conference call with faculty and trainees in which trainees reported on and discussed assigned ethnogeriatric modules and webinars;
- Individual **capstone projects** in ethnogeriatrics supported by monthly mentoring sessions with assigned faculty members.



EVALUATION

Pretraining: Self-rated knowledge, skills, & attitudes based on curriculum objectives; Health Beliefs Attitudes Survey (HBAS)

Posttraining: Self-rated knowledge, skills, & attitudes based on objectives; post hoc pre self-rated knowledge, skills, & attitudes: HBAS; ratings of newness and usefulness of each module

Six month follow-up after training assessing progress on individual projects

CURRICULUM

During the 4-day onsite training, an 8 module curriculum and resource sessions were presented by a multiethnic interprofessional faculty in a train-the-trainer format

MODULES: (each 1 ½ hour didactic, ½ hour discussion)

1. Exploring Health Literacy, Ethnogeriatrics and Health Disparities
2. Aging and Culture
3. Health Literacy in Patient Centered Care
4. Creating Health Messages for Low Literacy Elders
5. Patient- and Relationship-Centered Communication
6. Working with Interpreters and Translators
7. Improving Ethnogeriatric Health Care
8. Strategies for Teaching Cultural Humility/Competence

RESOURCE SESSIONS : end of life issues; caregiving; disaster preparedness; cohort analysis; census data mining, and demonstration of video interpreting



FACULTY PARTICIPANTS

- 33 faculty trainees from 14 states
- 31 completed the 160 hours and all the requirements.
- Disciplines of faculty trainees:
- 11 medicine, 9 nursing, 4 pharmacy, 3 social work, 2 health sciences, 2 psychology, 1 speech/language, and 1 health informatics

RESULTS

Significant positive change in 29 indicators of knowledge, behavior, and attitudes from before to after the onsite training.

Capstone projects resulted in:

- 18 new curriculum units in ethnogeriatric topics
- 10 new clinical interventions with diverse elders, and
- 2 research projects in ethnogeriatrics.