

**APPENDIX C, McBride Handout,**  
*Evolution of Ethnogeriatrics and Selected Qualitative Outcomes, GSA, November 2015*

Table 3. An Ethnogeriatrics Worksheet for Analysis of Cohort Historical Experiences

**COHORT HISTORICAL ANALYSIS TOOL\***

The Cohort Historical Analysis Tool can be used by individuals, groups of elders, family, healthcare providers, students and others in the community. It may help increase awareness and understanding of diversity across generations and how events in the past (within 1-2 decades) may influence knowledge, behavior, or attitudes towards formal or informal systems, personal goals and choices, and perspectives. It may increase a clinician's awareness and understanding about their older ethnic clients/patients. The suggested guide questions in columns 2 and 3 can be adapted to obtain information from an ethnic elder or family from diverse cultures.

<b>Time Period</b>	<b>Significant Event(s) (social, political, historical, etc.)</b> <i>What has happened in the past that made an important change in your life, health, lifestyle, etc.,?</i>	<b>Impact on Health, Access to Care, Lifestyle, Values, Beliefs, etc.</b> <i>How did the event (experience) affect your life, health, ability to seek services, health beliefs, etc.?</i>
2010 - now		
2000 – 2009		
1990 – 1999		
1980 – 1989		
1970 – 1979		
1960 – 1969		
1950 – 1959		
1940 – 1949 etc		

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 Reference: Yeo, Hikoyeda, McBride, Chin, Edmonds, & Hendrix, 1998